# **Consumer Health and Nutrition**

Consumers, today, are choosing nutrient-rich food and beverages. Varun Beverages, through its optimal portfolio mix, is well-positioned to deliver both taste and nutrition to the global consumers, serving their refreshment and health goals.

Transparent labelling and clear information on nutrients make us a trusted brand amongst billions of consumers across 6 countries.

# **Key enablers**

### **Assorted nutrient-rich** portfolio mix

A beverage for every mood, age and nutritional need. Choose from our assorted health-based, fruit-pulp and juice-based drinks, energy and sports drinks, dairy-based beverages as well as packaged and purified drinking water.

# **Nutrition information**

Providing clear nutrient information about our products help consumers to make informed and right choices, relevant to their health requirements.

### **Evolving to meet consumer** expectations

Tastes and nutritional needs of consumers are ever changing. As a global beverage company, we recognize the need to evolve with the changing preferences and continually align our products to scale, grow and satisfy consumer expectations.

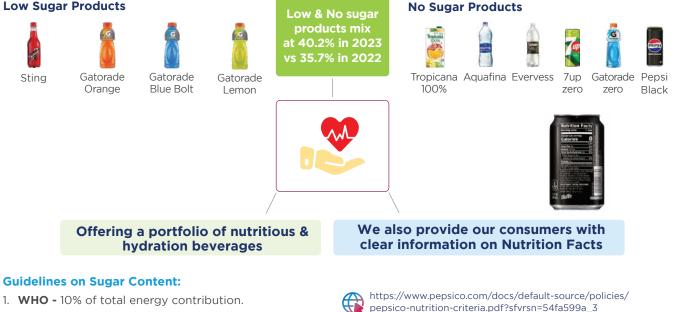
# 1. Cutting back on sugar

By optimizing sugar content in our products, we are keeping pace with the changing health preferences of our aspirational consumers.

# **Reducing Sugar**

#### **Keeping Pace with Evolving Needs and Taste Positive Choices**

#### **Low Sugar Products**



- 1. WHO 10% of total energy contribution.
- 2. The Healthy Choice Standards Less than 4.5g/100g.
- 3. Beverages category for PepsiCo 1g-7g/100 ml (assuming 1cc liquid weighs 1g)



# 2. Prioritizing nutrition

To deliver higher nutrient value across our product categories, PepsiCo is guided by the PepsiCo Nutrition Criteria (PNC), which is also followed by Varun Beverages.

PNC enables our products to maintain a high nutrition value by guiding the Company on (a) standards of nutrients to limit, (b) standards for food groups to encourage, and (c) standards for nutrients to encourage.

# **PepsiCo Nutrition Criteria (PNC)**

# STANDARDS FOR NUTRIENTS TO LIMIT

Nutrients that have been wellestablished as dietary factors that can contribute to the risk of certain non-communicable diseases, when consumed in excess.

For nutrients to limit, the criteria is based on a model diet of 2,000 kcal per day, with saturated fat and added sugars at or below 10% of total energy, sodium at or below 2,000 mg per day, and no industrially produced partially hydrogenated oils (PHOs).

### STANDARDS FOR FOOD GROUPS TO ENCOURAGE

Food groups that have been well-established as contributing to healthier diets.

# STANDARDS FOR NUTRIENTS TO ENCOURAGE

Nutrients that have been identified as being commonly under-consumed in a given population. They can vary by market or region, and are often called "shortfall nutrients" contributing to healthier diets.